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ATI Real Life THA Virtual Clinical Reflection Questions

- 1) What was Dale's fall risk score? Is that score considered low, medium, or high risk?
What interventions in Dale's care should you be implementing?
(Use your resources from class and clinical Fall Risk Score Interventions)
 - a. 75
 - b. High risk
 - c. Bed and chair exit alarms, apply fall risk band, offer toileting every two hours, and provide direct observation while toileting.
- 2) From the pre-op exercises teaching scenario, pick one that Dale demonstrated incorrectly and explain how you would teach the correct technique.
 - a. Dale demonstrated the use of the incentive spirometer incorrectly. I would teach the correct technique by explaining each step slowly and simply, and then having Dale say it back to me and demonstrating the correct use to ensure understanding.
- 3) Dale receives morphine sulfate for his hip pain. The morphine order is for 2-4mg IV Q 3-4 hours for severe or breakthrough pain. What is wrong with this order?
 - a. This order is incorrect because the morphine sulfate should be ordered as an IV push rather than just through the IV as an infusion. The dose for this order is also too high, as an IV push order should be 0.1 to 0.2mg/kg every four hours as needed.
 - b. Morphine is dispensed in 2mg/ml concentration. If Merryll gave 4 mg, how many ml's of morphine did she administer? She administered 2 ml's of morphine.
- 4) Dale is assessed for skin integrity on his heel. What are some interventions the nurse could implement to protect his skin? What are the concerns if no interventions are implemented?
 - a. Some interventions include repositioning with pillows or wedges to relieve pressure, elevating the heels off of the bed, and maintaining adequate nutrition to promote skin healing and integrity.
 - b. If no interventions are implemented, it creates a much greater risk for a pressure injury on the heels, which could lead to an infection which would be much worse because the client is still in the post-operative period .
- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
 - a. The nursing team consistently reviewed fall and hip precautions with Dale to ensure understanding.
 - b. The nursing team communicated with the other teams on the case to ensure that communication was being met and that the right precautions were being implemented to ensure patient safety.
 - c. The nursing team collaborated with each other when they were unsure about something or needed extra help, which ensures that everything is being done to promote patient safety as best as possible.

- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
- a. If **yes**, describe: I do feel that the nurse and medical team utilized therapeutic communication techniques. Throughout the entire simulation, the medical team was calling the patient by their preferred pronouns, which is very important to the patient. They also were open and communicating with the patient and family as much as possible. They were explaining everything that was going on and was good about keeping everybody updated without worrying about any complications. They remained non-judgmental and without any implicit biases that would affect patient care.
 - b. If **no**, describe:

Reflection

- 1) Go back to your Preconference Form:
 - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
 - a. If **yes**, write it here: Impaired mobility
 - b. If **no**, write what you now understand the priority nursing problem to be:

- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
 - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **yes**, describe: One intervention I included that I did not see being used in the scenario was to assess where the joint pain was the worst for the patient and use that to properly reposition the patient for the most comfort.

 - ii. If **no**, describe:

- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? Yes
 - a. How did that impact the nursing care delivered? The patient was not progressing as anticipated, which meant that the nursing team had to shift the plan of care to address the priority problems arising. When the patient developed crackles in the

lungs, the team had to shift their plan of care to address that problem rather than the impaired mobility that was also occurring.

- b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
- i. Write it here: Impaired Gas Exchange

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice: My biggest take-away from participating in the care of this patient was that sometimes, care will not go the way that you expect it too, but it is important that you are able to shift your focus onto the most important problem at hand. This impacted my nursing practice because it allowed me to think critically about all of the patient problems at hand, and how to best prioritize what needs to come first to promote patient safety. I feel like I was able to improve my clinical reasoning and better understand how to prioritize patient problems and how to best implement my care, which is something that I will use for my career as a nurse.