

Student Name:
Clinical Instructor:

ATI Real Life THA Virtual Clinical Reflection Questions

- 1) What was Dale's fall risk score? Is that score considered low, medium, or high risk?
What interventions in Dale's care should you be implementing?
(Use your resources from class and clinical Fall Risk Score Interventions)
 - a. **Fall score of 90**
 - b. **High Fall Risk**
 - c. **Orient to Call bell, PT consult, gait belt and walker use, non-slip foot wear, assistance when ambulating 2x,**
- 2) From the pre-op exercises teaching scenario, pick one that Dale demonstrated incorrectly and explain how you would teach the correct technique.
 - a. **Spirometry, I would instruct Dale to exhale as much air as he can then inhale. Using the spirometer. Do this for 6-10 reps an hour and working towards a mutually set goal between the nurse and patient.**
- 3) Dale receives morphine sulfate for his hip pain. The morphine order is for 2-4mg IV Q 3-4 hours for severe or breakthrough pain. What is wrong with this order?
 - a. **There is no provided pain scale to gauge what pain should be**
 - b. Morphine is dispensed in 2mg/ml concentration. If Merryll gave 4 mg, how many ml's of morphine did she administer? **2 ml**
- 4) Dale is assessed for skin integrity on his heel. What are some interventions the nurse could implement to protect his skin? What are the concerns if no interventions are implemented?
 - a. **Off loading his heels with a pillow, getting out of bed and into the chair**
 - b. **Dale may develop pressure injuries which may prove to be difficult to treat as his body is still recovering from an invasive surgery**
- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
 - a. **Use of Gait belt with assisting Dale back to bed**
 - b. **Two person assist when ambulating to prevent injuries and lower the risk of Dale falling**
 - c. **Dale wearing non-skid foot wear when ambulating to prevent slipping and falling**
- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
 - a. If yes, describe: **The nurse listened and acknowledged all concerns that Dales partner expressed. Also listened intently when communicating with both Dale and his partner. She provided help and information when they expressed concerns about his constipation. She also always educated Dale on symptoms to report.**

Reflection

- 1) Go back to your Preconference Form:

- a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
 - a. If **yes**, write it here: **Yes, Pain and Impaired mobility**
- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
 - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **no**, describe: **ROM exercises were taught along with monitoring his temp and circulation which I thought was very important for joint replacement and ensuring there would be no issues below the hip and knee of the leg operated on**
- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? **Dales temp was lower than expected**
 - a. How did that impact the nursing care delivered? **The nurse provided warm blankets as the first intervention for his decreased temperature.**
 - b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
 - i. Write it here: **N/A**

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice: **My biggest take away was medications. Before going into the chart and reviewing orders, I took some time to research the medications and trying to critically think if Dale is safe to take this medication and if it was necessary. I then went into the chart to make sure if was ordered before administration. I think it helped in making me a bit more aware of medications and not just following orders. It gave me a bit more experience and allowed me to apply critical nursing thinking skills before following prescriptions blindly.**