

Nursing Problem Worksheet

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Anticipated Patient Problem and Goals	Relevant Assessments (Prework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prework) What will you do if your assessment is abnormal?
Problem: Acute Pain Reasoning: osteoarthritis, movement, pain, scale, articular cartilage breakdown Goal: PT will have a pain scale of ≤ 3 by the end of my care. Goal: PT will ask for pain medication before pain gets ≥ 5 on pain scale during my time of care.	assess pain scale 0-10 Q 2 hr assess BP + HR due to pain Q 4 hr assess site of pain Q 2 hr assess pt's behavioral & physical appearance Q 4 hr reassess pain scale after med administration (30 minutes)	administer oxycodone 5-10mg Q 3-4 hrs treat pain by administer morphine sulfate IVP 2.5-5 over 5 minutes apply heat / ice pack ask open-ended questions about pain & use therapeutic communication techniques apply lidocaine patch to pain area

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Problem: Impaired Mobility Reasoning: swelling, pain, surgery, adjusting to assistive device Goal: PT will demonstrate how to use assistive device by the end of my care. Goal: PT will ambulate from bed to chair by the end of my care.	assess Morse Fall Score Q 12 hr assess pt's gait Q 12 hr (steady or steady) assess range of motion Q 12 hr assess skin integrity Q 4 hr assess need for assistive device Q 4 hr	put fall band on pt's wrist use gait belt when ambulating pt demonstrate leg exercise to be completed Q 2 hrs reposition pt to offload pressure provide assistive device & demonstrate how to use