

Student Name:  
Clinical Instructor:

### ATI Real Life THA Virtual Clinical Reflection Questions

- 1) What was Dale's fall risk score? Is that score considered low, medium, or high risk? What interventions in Dale's care should you be implementing?  
(Use your resources from class and clinical Fall Risk Score Interventions)
  - a. \_\_\_\_\_ 45 \_\_\_\_\_
  - b. \_\_\_\_\_ High risk \_\_\_\_\_
  - c. \_\_\_\_\_ We should implement that side rails are up on bed, that the bed alarm is on, and that his call bell is within reach.
- 2) From the pre-op exercises teaching scenario, pick one that Dale demonstrated incorrectly and explain how you would teach the correct technique.
  - a. Dale incorrectly demonstrated how to use the incentive spirometer. To use a incentive spirometer correctly you must sit up straight, make a tight seal around the mouth piece and inhale slowly and deeply for at least 5 seconds. Dale should hold his their breathe for 3-5 seconds, remove the mouthpiece from between their lips and blow them breathe out through pursed lips. This exercise should be completed 5-10 times every hour while awake. Instead, Dale exhaled quickly into the incentive spirometer, which was incorrect.
- 3) Dale receives morphine sulfate for his hip pain. The morphine order is for 2-4mg IV Q 3-4 hours for severe or breakthrough pain. What is wrong with this order?
  - a. The frequency range is unclear for exactly when it should be taken, and the dosage is also a wide range.
  - b. Morphine is dispensed in 2mg/ml concentration. If Merryll gave 4 mg, how many ml's of morphine did she administer?  
\_\_\_\_\_ 2ml \_\_\_\_\_
- 4) Dale is assessed for skin integrity on his heel. What are some interventions the nurse could implement to protect his skin? What are the concerns if no interventions are implemented?
  - a. Offloading to take the pressure off dales heels.
  - b. Check dales skin Q2 hours.
- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
  - a. They assisted dale with getting back into bed from the chair using the gait belt and the walker for him to push up on.
  - b. Nurse Merryll reminded Dale of his hip and fall precautions.
  - c. Nurse bobby lee assisted Dale to the bathroom.
- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
  - a. If **yes**, describe: Yes, I do feel like the nursing team used therapeutic communication when communication with Dale. For example, Merryll said "I'm happy to assist" All of the nursing staff was very thorough and willing to help and explain anything Dale or Devon needed.
  - b. If **no**, describe:  
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## Reflection

- 1) Go back to your Preconference Form:
  - a. Indicate **(circle, star, highlight)** the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
  - a. If **yes**, write it here: Yes, one of my nursing problems was pain.
  - b. If **no**, write what you now understand the priority nursing problem to be:  

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- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
  - a. Indicate **(circle, star, highlight)** the ones you saw utilized during the scenario.
  - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
    - i. If **yes**, describe: They could've assessed the patients muscle strength to see what dale can and can't do by himself.  

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    - ii. If **no**, describe:  

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- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? Dales' temperature dropped.
  - a. How did that impact the nursing care delivered?

The nurse gave dale a warmed blanket to attempt to get his temperature back into normal range.

- b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
  - i. Write it here:  
Risk for falls.

What was your biggest "take-away" from participating in the care of this patient? How did this impact your nursing practice:

My biggest takeaway from participating in the care of this patient was how the nurses communicated with the patient and the way they handled communicating with Dale and his partner. Also cultivating my research skills as a nurse and understanding how to identify signs and symptoms and connecting the dots.