Nursing Problem Worksheet

Name: _____Chase Norton SNB_____

Anticipated Patient Problem and Goals	Relevant Assessments (Prework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prework) What will you do if your assessment is abnormal?
Problem: Pain Reasoning: Due to arthritic joint changes and associated therapy. Goal: Patient's pain will decrease by the end of my care. Goal: Patient demonstrates ability to ambulate Q8 hours.	Assess The patients pain using the number pain scale Q4 hours.	Try heat or cold to try to reduce pain.
	Assess patient's ability to ambulate Q8 hours.	Notify provider, and let the patient rest.
	Assess patients range of motion once per shift.	Notify the provider. Stop or limit movement that causes pain.
	Assess vital signs Q4 hours.	If vital signs are abnormal I would notify the provider of any abnormalities.
	Assess patients' activities of daily living once per shift.	Assist patient in completing their activities of daily living to ensure safety.

Anticipated Patient Problem and Goals	Relevant Assessments (Prework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prework) What will you do if your assessment is abnormal?
Problem: Impaired mobility Reasoning: Patients mobility will improve. Goal: Patient will demonstrate use of assistive devices.	Assess patients' vital signs Q4 hours.	Notify provider of any abnormalities.
	Assess patient's ability to use assistive devices once per shift.	Teach patient proper use of assistive device.
	Assess patient's ability to ambulate Q8 hours.	Ensure patient safety. Encourage use of assistive devices.
	Assess patients muscle strength Q8 hours.	Notify the provider of any abnormalities.
	Assess patient's ability to get from bed to chair Q4 hours.	Ensure patient safety and provide support.