

## Nursing Problem Worksheet

Name: \_\_\_\_\_

<b>Anticipated Patient Problem  and  Goals</b>	<b>Relevant Assessments</b>  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prewrite) What will you do if your assessment is abnormal?
<b>Problem:</b> Acute Pain  <b>Reasoning:</b> Joint changes and deterioration and hip injury  <b>Goal:</b> Pain decreases  <b>Goal:</b> Patient able to complete ADLs with minimal discomfort	Pain rated on a scale of 1 – 10 q 2 hrs.	Provide pain medications such as NSAIDs
	Assess skin around injury site for possible bruising/ swelling q 4 hrs.	Provide hot/cold therapy and elevation
	Assess vital signs q 4 hrs.	Contact provider about findings
	Observe nonverbal signs when assessing injured area q 4 hrs.	Apply topical pain medication
	Evaluate patients' emotional status q once per shift	Provide emotional support and consult case manager and therapy

<b>Anticipated Patient Problem  and  Goals</b>	<b>Relevant Assessments</b>  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prewrite) What will you do if your assessment is abnormal?
<b>Problem:</b> Impaired mobility  <b>Reasoning:</b> Pain making it difficult for patient to preform ADL's and unable to stand/walk  <b>Goal:</b> Patient will be able to perform ADLs with minimal assistances  <b>Goal:</b> Patient will walk 5 ft with use of walker and gait belt	Assess strength and tone of lower extremities q 4 hrs.	Consult physical and occupation therapy
	Assess pain on scale of 1 – 10 q 2 hrs.	Provide pain medication
	Assess range of motion q 4hrs.	Educate patient on armchair pushups and encourage to complete repetitions of 10 x 3 a day
	Assess patients' abilities to complete ADLs with minimal assistance	Provide assistive devices and encourage patient to practice.
	Assess patients understanding of assistive devices and its use q once per shift	Provide education of importance of devices, and its benefit

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