

### ATI Real Life THA Virtual Clinical Reflection Questions

- 1) What was Dale's fall risk score? Is that score considered low, medium, or high risk? What interventions in Dale's care should you be implementing?  
(Use your resources from class and clinical Fall Risk Score Interventions)
  - a. 55
  - b. High fall risk
  - c. A bed alarm should be activated, education on the importance of the call bell.
- 2) From the pre-op exercises teaching scenario, pick one that Dale demonstrated incorrectly and explain how you would teach the correct technique.
  - a. Dale incorrectly demonstrated the use of the incentive spirometer. I would explain to them that the tubing had to be fully stretched out to begin, and instead of blowing into the tool they should be taking a deep breath for about five seconds with the tool, trying to maintain that the small ball stays in between the two areas during their inhalation.
- 3) Dale receives morphine sulfate for his hip pain. The morphine order is for 2-4mg IV Q 3-4 hours for severe or breakthrough pain. What is wrong with this order?
  - a. Morphine should be calculate based off of someone's weight in kg when being given through an IV.
  - b. Morphine is dispensed in 2mg/ml concentration. If Merryll gave 4 mg, how many ml's of morphine did she administer? 2 mL
- 4) Dale is assessed for skin integrity on his heel. What are some interventions the nurse could implement to protect his skin? What are the concerns if no interventions are implemented?
  - a. The nurse could make sure his heels are elevated in the bed off of a pillow or he should be using heel boots when lying in the bed.
  - b. Their decreased ambulation puts them at risk for skin break down and without interventions they could develop a pressure injury on the heel.
- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
  - a. Education patient on importance of call bell use and ambulation with staff member.
  - b. The staff would lower the bed into the lowest position when leaving the room.
  - c. They would make sure that the call bell was in reach of Dale
- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
  - a. If **yes**, describe: Yes, the listened to clients concerns as well as the partners concerns. They provided education whenever necessary. They also provided active listening whenever talking with the patient.
  - b. If **no**, describe:

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## Reflection

- 1) Go back to your Preconference Form:
  - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
  - a. If **yes**, write it here: \_\_\_\_\_
  - b. If **no**, write what you now understand the priority nursing problem to be: I would have switched my acute pain and impaired mobility making impaired mobility my correct priority and pain my second.
- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
  - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
  - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
    - i. If **yes**, describe: They did not assess the patients strength and tone in the lower and upper extremities during their assessments.
    - ii. If **no**, describe:  
\_\_\_\_\_  
\_\_\_\_\_
- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? Yes
  - a. How did that impact the nursing care delivered? The focus of care shifted slightly away from the mobility that was the main focus in the beginning and started heading towards the worry of the crackles in the patients lungs and what the possible cause of that might be.
  - b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
    - i. Write it here: Risk for impaired skin integrity,

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice: My biggest take away is to look at the whole chart not just when you find one possible problem because while that may be something that should be addressed it is not always the biggest issue and there may be more concerning assessment that you should focus on first. This impacted my nursing practice because it really made me look at the whole picture, research, and study the patients chart to find an issue when I couldn't always see one. It will help me take a second when I have real patients to really get a better understanding of my patient and possible complications as well as possible interventions that I didn't always think of.