

### Nursing Problem Worksheet

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<b>Anticipated Patient Problem  and  Goals</b>	<b>Relevant Assessments</b>  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prewrite) What will you do if your assessment is abnormal?
Problem: Pain  Reasoning: pt reports pain level higher than 8/10  Goal: pt will report at least a 4/10 on the pain scale  Goal: pt demonstrates ability to perform daily tasks with minimal discomfort	Assess patient's pain scale	Administer the appropriate dose of Morphine Sulfate
	Assess VS (heart rate and respiratory rate)	Encourage deep breathing and sit up head of bed for better breathing
	Inspect joints for warmth, swelling and redness q2 hr	Apply cold/heat therapy to affected joint
	Assess pt's knowledge on pain management PRN	Educate on when to do cold/heat therapy

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Problem: impaired mobility  Reasoning: musculoskeletal impairment  Goal: pt will perform muscle strengthening exercises by end of care  Goal: pt will use assistive devices (walker, etc) properly by end of shift	Assess muscle strength q 4 hr	Implement muscle strengthening exercising by collaborating with PT
	Inspect skin over bony prominences q 2 hr	Create a turning and repositioning schedule to reduce pressure on certain parts of body
	Assess pt's room for any safety hazards or fall risks PRN	Provide education on fall prevention Educate on call bell usage
	Assess gait and range of motion q 4 hr	Encourage light exercises to increase range of motion