

MARGARET H. ROLLINS SCHOOL OF NURSING
N101 Care Plan Form
 Kwiecien

Student Name Elizabeth

General Information

Patient Initials: E.S. Date(s) of Care: 9/23/25-9/24/25 Clinical Instructor: Petito Attending physician: Dr. Rualo

Reason for admission/Medical Diagnosis: Dehydration

Allergies: Nuts, latex, penicillin Date of Birth: 01/01/62 Age: 63 Admission Date: 9/23/25

Primary Nursing Diagnosis & Clinical Reasoning	Additional Pertinent Nursing Diagnoses
Deficient fluid volume/ dehydration, reasoned by NSCLC, hypotension	Fall risk 45, Braden score 19, hypotensive BP 98/60
Expected Outcome (s)	Assigned Medications & IVF <i>(dose, frequency, route)</i>
Ms. S will have decreased nausea and vomiting frequency.	Prochlorperazine 10mg PO Q4 hours.
Ms. S will have maintained fluid balance for more than 4 hours by my EOC	NS with 20meq K+ running at 100ml/h IV.
Ms. S will drink 100mL of water by my EOC.	
Patient care orders <i>(treatment, diagnostic studies, labs, etc.)</i>	
Consult oncology	
Referral to dietary for clear liquid diet providing sufficient protein and nutrition.	

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Data Collection (Mandatory Satisfaction Completion) <i>(for each day of care)</i>	
Day 1 <i>(can include pertinent data prior to your day of care)</i>	Day 2
Subjective: Objective: Own assessment: Labs & Diagnostics <i>(include interpretation)</i>:	Subjective: Objective: Own assessment: Labs & Diagnostics <i>(include interpretation)</i>:
Nursing Assessments <i>(Include Timeframes)</i>	Rationale
1. Assess turgor for tenting or sluggish (>0.5 seconds) Q4 hours. 2. 3. 4.	1. Evaluates for the presence and severity of dehydration. 2. 3. 4.
Nursing Interventions <i>(include timeframes)</i>	Rationale <i>(relate how NIs will help correct ND)</i>
1. Administer NS with 20meq K+ IV at 100mL/hr. 2. 3. 4. 5.	1. Will hydrate patient and replenish fluid volume lost in output. 2. 3. 4. 5.

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Evaluation Summary	
1. For each expected outcome, answer the following: (a) Are expected outcomes realistic and met? (b) Will they remain the same or change? (c) Why?	2. Did NIs change or remain the same? If changed, state why.
a.	
b.	3. Does the ND still exist and why?
c.	

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Nursing Care Plan Grading Rubric

Topic	Criteria	Satisfactory = 1 point	Unsatisfactory = 0 points	Category Total
General Information	<ul style="list-style-type: none"> All general information filled out correctly and completely. All assigned medication orders included and complete. All current doctor's orders included. (<i>dates of care and standing orders</i>) All IV fluids must be included. 	Meets 3 or more of the elements described in criteria.	Meets 2 or less of the elements described in criteria.	
Nursing Diagnosis/Problem List	<ul style="list-style-type: none"> Highest priority nursing diagnosis is correct. Clinical reasoning is listed & correlates to priority problem. Other pertinent nursing diagnoses are listed. Priority order is correct >50% of the time. 	Meets 3 or more of the elements described in criteria.	Meets 2 or less of the elements described in criteria.	
Expected Outcomes	<ul style="list-style-type: none"> EO's are included for top priority problem. EO's are specific, realistic, measurable, written in terms of patient behavior, and include a time frame >50% of the time. EO's are relevant to patient problem >50% of the time. 	Meets 2 or more of the elements described in criteria.	Meets 1 or less of the elements described in criteria.	
Data Collection (Mandatory Section)	<ul style="list-style-type: none"> Subjective and objective data included for each day. Own assessment included for each day. Relevant diagnostic studies and labs included and interpreted correctly >50% of the time. Relevant data included to support patient problem >50% of the time (i.e.: VS, I&O, ht. wt., etc.). Data concise, summarized, organized in chronological order. 	Meets 4 or more of the elements described in criteria.	Meets 3 or less of the elements described in criteria.	
Nursing Interventions	<ul style="list-style-type: none"> Nursing assessments with rationale included >50% of the time. Five NI's with time frames & rationales are included. NI's are individualized, realistic & include a time frame >50% of the time. Rationale correct, complete & specifically written to help correct patient problem >50% of the time. 	Meets 3 or more of the elements described in criteria.	Meets 2 or less of the elements described in criteria.	
Evaluation Summary	<ul style="list-style-type: none"> All three evaluation questions are addressed. Conclusions for each question are correct >50% of the time. 	Meets 1 or more of the elements described in criteria.	Does not meet either element described in criteria.	
Format	<ul style="list-style-type: none"> No more than 3 misspellings or grammatical errors. No more than 3 errors in medical terminology. Printed single-sided for submission to instructor. Grading Rubric printed and attached as separate page. 	Meets 3 or more of the elements described in criteria.	Meets 2 or less elements described in criteria.	

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Grading Scale		<u>6-7 = Satisfactory</u>	<u>0-5 = Unsatisfactory</u>	Total Score _____
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