

### Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	Mammogram, MRI for some high risk women	Ages `40-44 choice to start earlier. Ages 45-54 every year. Ages 55+ every 2 years or continue yearly. Continue if in good health and expected to live 10+ more years.
Colon	Stool based test or visual exam like colonoscopy	Start at age 45 if average risk. Continue through age 75. Ages 76-85 talk with provider about risk/benefits. Stop after age 85.
Prostate	PSA blood test with or without rectal exam	Men should decide with provider. Age 50 discuss pros/coms. High risk men African American or family history should start to discuss at age 45.
Cervical	Primary HPV test preferred, co-test HPV+ Pap, or Pap test alone.	Ages 25-65 HPV test every 5 years or HPV+ Pap every year or pap every 3 years. Over 65 with normal past results stop. If cervix is removed no testing. (not for cancer)
Lung	Low dose CT scan	Ages 50-80 with 20+ pack year smoking history, and who currently smoke or quit recently. Every year. Stop if serious health issues or unwilling to get treatment.