

### Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	<ul style="list-style-type: none"> <li>- Mammograms</li> </ul>	<ul style="list-style-type: none"> <li>- Women 40-44 should have a choice to start annual mammograms.</li> <li>- Women 45-54 should get one every year</li> <li>- Women 55 and older should get mammograms every 2 years</li> </ul>
Colon	<ul style="list-style-type: none"> <li>- A stool-based test.</li> <li>- A visual exam</li> </ul>	<ul style="list-style-type: none"> <li>- Regular screenings should start at 45</li> <li>- If in good health should continue regular screening till 75</li> <li>- Age 76-85 talk to health care provider on whether screening is necessary or not</li> </ul>
Prostate	<ul style="list-style-type: none"> <li>- PSA blood test with or without rectal exam</li> </ul>	<ul style="list-style-type: none"> <li>- Starting at age 50 men should talk to a healthcare provider about pros and cons of testing.</li> <li>- If you are African American or your father or brother has prostate cancer before age 65 you should have this conversation with your healthcare provider at age 45</li> </ul>
Cervical	<ul style="list-style-type: none"> <li>- Primary HPV</li> <li>- Co-test</li> </ul>	<ul style="list-style-type: none"> <li>- Should start scanning at 25</li> <li>- People 25-45 should get a primary HPV</li> <li>- People over 65 should not get tested</li> </ul>
Lung	<ul style="list-style-type: none"> <li>- Low-dose CT (LDCT) scan</li> </ul>	<ul style="list-style-type: none"> <li>- People ages 50-80 should get tested if the smoke or used to smoke and have at least have a 20 pack history of smoking</li> </ul>