

Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	Mammograms	<ul style="list-style-type: none"> - women ages 40-44 have the choice to start annual mammograms if they choose to - Ages 45-54 should get one every year - 55 and older should get mammograms at least every 2 years
Colon	<ul style="list-style-type: none"> - stool based test - Colon and rectum visual exam 	Starting to get screened at age 45 is recommended. If you have good health, its encouraged to get screened through 75 years old. People over 85 shouldn't get screened anymore
Prostate	PSA blood test with (or without rectal exam)	Men at age 50 should take to healthcare providers about getting tested. African Americans or those who have close family history with prostate cancer should start talking to a healthcare provider about it at age 45
Cervical	HPV test Pap Test	Screening for cervical cancer should start at 25. People between 25-65 should get screened every 5 years. If you have an HPV vaccine, you should sill get vaccinated according to your age range
Lung	LDCT scan	Yearly screening his recommended to those who smoke or used to smoke and have at least a 20 pack year history of smoking