

Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	Mammograms Breast ultrasound Breast MRI	<ul style="list-style-type: none"> - High risk start testing at 21-29 yrs old - Women 40-44 optional mammograms yearly - Women 45-54 yearly mammograms - Women 55 and older every two years - Not routine just used if lumps are seen and not felt in a mammogram - Certain women with high risk, recommended yearly with a mammogram - Men will only get a mammogram if a lump is found on the breast
Colon	Colonoscopy Stool test	<ul style="list-style-type: none"> - Men and women - High risk start testing at 21-29 yrs old - Start regular screening at 45 up till 75 (good health) or 85
Prostate	Prostate biopsy Prostate specific antigen blood test (Semen) Digital rectal exam	<ul style="list-style-type: none"> - Men - Start at age 45 - More than one close relative then test at age 40
Cervical	HPV Co-test (HPV and Pap)	<ul style="list-style-type: none"> - Women - Start at age 25 - Over 65 stop getting scanned if your results are normal for the past ten years - HPV test every 5 years - HPV with Pap every 5 years - Pap every 3 years

Lung	Chest Xray CT scan MRI PET Bone Scan Low dose CT scan	<ul style="list-style-type: none">- Males and females aged 50-80- LDCT if they smoke or had smoked- Measured in pack years
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