

Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	Mammogram Breast ultrasound Breast MRI Nuclear medicine test	<ul style="list-style-type: none"> - Women, 40 years or older for annual testing - Women consider high risk, age 30 annually with additional testing (MRI)
Colon	High sensitivity fecal immunochemical test (FIT) High sensitivity guaiac-based fecal occult (gFOBT) Colonoscopy	<ul style="list-style-type: none"> - 45 for routine testing - Men and women - especially in people with family history, inflammatory bowel diseases, hereditary colorectal cancer syndromes
Prostate	PSA blood test Digital rectal exam (DRE)	<ul style="list-style-type: none"> - if high risk starts at 40, average risk 50 years old - men - PSA < 2.5 every 2 years - PSA >2.5 every year
Cervical	Primary HPV test alone PAP smear	<ul style="list-style-type: none"> - Women, starting at the age of 25 recommended, stopping at 65. - Pap every 3 years - HPV every 5 years
Lung	Low dose computed tomography (LDCT scan of the chest) X ray MRI or PET is nodule is found	<ul style="list-style-type: none"> - Only recommended for people at high risk (50-80, 20+ years smoking, current or former smoker) - Men and women - Screened every year if criteria is met