

Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	<ul style="list-style-type: none"> -Mammograms (X-ray of breasts) -MRI screenings (if there is a family history) 	<ul style="list-style-type: none"> -Recommended for women ages 40-44 annually if they wish - Women age 45-54 are encouraged to get mammograms every year -Women 55 and older should get mammograms at least every two years or should continue yearly
Colon	<ul style="list-style-type: none"> -Stool-based test -Visual exam (ex. Colonoscopy) 	<ul style="list-style-type: none"> -Recommended to start regular screenings at age 45 -If in good health, regular screenings should continue through age 75 -For those ages 76 to 85, they should talk to their healthcare provider about when to get screened -Those over 85 should no longer get colorectal screening
Prostate	<ul style="list-style-type: none"> -PSA blood test with rectal exam -PSA blood test without rectal exam 	<ul style="list-style-type: none"> -Recommended that men make an informed decision with their healthcare provider about whether they should be tested -Starting at age 50, men should talk to their healthcare provider about testing -If you are African American or have a father or brother who had prostate cancer before age 65, should talk with PCP starting at age 45
Cervical	<ul style="list-style-type: none"> -HPV test -HPV test with a Pap test -Pap test 	<ul style="list-style-type: none"> -Recommended that cervical cancer screenings should start at age 25 -People under 25 should not be tested -Those between ages 25 and 65 should get an HPV test done every 5 years -Those over 65 who have had regular cervical cancer testing results in the past 10 years with normal results do not need to be screened -Those vaccinated against HPV should still follow screening recommendations for their age group

Lung	-Low-dose CT (LDCT) scan	-Recommends yearly screening for lung cancer for people ages 50-80 who smoke or used to smoke, and have at least a history of 20-pack years of smoking
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