

Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	Mammograms, breast ultrasounds, breast MRI, breast biopsy,	<ul style="list-style-type: none"> ● Women between 40 and 44: start screening with a mammogram every year. ● Women 45 to 54: mammograms annually. ● Women 55 and older: mammogram every other year, or continue annually ● All women should understand what to expect when getting a mammogram screening
Colon	Stool based tests, visual exam, blood based tests	<ul style="list-style-type: none"> ● All individuals should get regular screenings starting at 45 <ul style="list-style-type: none"> ○ Continue regularly through age 75 ● Individuals aged 76 through 85 can screen as desired ● Those over 85 should not get screened
Prostate	Prostate specific antigen blood test, digital rectal exam, imaging tests, biopsy	<ul style="list-style-type: none"> ● Age 50 for men who are at average risk of prostate cancer ● Age 45 for men at high risk of developing prostate cancer ● Age 40 for men at even higher risk (those with more than one first-degree relative who had prostate cancer at an early age)
Cervical	HPV test and pap smear	<ul style="list-style-type: none"> ● Beginning at age 25 ● Every 5 years for those aged 25 to 65
Lung	Low-dose CT (LDCT)	<ul style="list-style-type: none"> ● Annually for adults aged 50-80 who smoke or used to smoke with a 20 pack-year history of smoking