

### Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	Mammogram  MRI's	<ul style="list-style-type: none"> <li>• ages 40 to 44 should start annual breast exam</li> <li>• Women age 45 to 54 should get mammograms every year.</li> <li>• Women 55 and older should switch to mammograms every 2 years, or can continue yearly screening.</li> </ul>
Colon	Stool test  Colonoscopy	<p>starting regular screening at age 45</p> <p>good health continue regular screening through age 75.</p>
Prostate	PSA Test  Biopsy  Ultra sound  Digital exam	<ul style="list-style-type: none"> <li>• age 50, men should talk to a health care provider about the pros and cons of testing so they can decide if testing is the right choice for them.</li> <li>• African American or Fx hx of prostate cancer before age 65, talk with a health care provider at age 45.</li> </ul>
Cervical	Pap Test  HPV Test	<ul style="list-style-type: none"> <li>• Starting age 25</li> <li>• People between the ages of 25 and 65 should get a primary done every 5 years.</li> <li>• OR co-test (an HPV test with a Pap test) every 5 years or a Pap test every 3 years</li> </ul>
Lung	LCDT Scan  Bronchoscopy  Blood Test	ages 50 to 80 who smoke or used to smoke and have at least a 20 pack-year history of smoking