

Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	<ul style="list-style-type: none"> • Mammograms (x-rays of the breast) • Some women with family history of breast cancer should be screened with MRIs along with mammograms 	<ul style="list-style-type: none"> • Women ages 40 to 44: choice to start annual breast cancer screenings with mammograms • Women age 45 to 54: should get mammograms annually • Women 55 and older: should switch to mammograms every 2 years, or can continue yearly • Screening should continue if a woman is in good health and expected to live 10+ years
Colon	<ul style="list-style-type: none"> • Colorectal cancer screening done either with: • A stool-based test that looks for signs of cancer in a person's stool. • Or with a visual exam that looks at the colon and rectum. (Colonoscopy) 	<ul style="list-style-type: none"> • Anyone over age 45: recommended to start regular screening. • Those in good health should continue regular screening through age 75 • People ages 75 - 85 should talk to their healthcare provider about continuation of screening. • People over 85 do not need regular screening
Prostate	<ul style="list-style-type: none"> • Prostate-Specific Antigen (PSA) blood test) • Digital Rectal Exam (DRE) 	<ul style="list-style-type: none"> • Starting at age 50 men should consult their health provider about routine testing • African America males/males who have a close relative with prostate cancer should consult their HCP starting at age 45
Cervical	<ul style="list-style-type: none"> • Human papillomavirus (HPV) test • Pap smear: gynecological screening procedure that is used to detect abnormal cells in the cervix 	<ul style="list-style-type: none"> • No test is needed before age 25 • Ages 25 -65 should get a primary HPV test done every 5 years and a pap smear every 3 years. • People over age 65 with normal cervical cancer testing in the past 10 years do not need to continue screening.

Lung	<ul style="list-style-type: none">• Low-dose CT (LDCT) scan	<ul style="list-style-type: none">• People ages 50-80 who: smoke or used to smoke and have at least a 20 pack-year history of smoking (1 pack a day for 20 years, or 2 packs a day for 10 years) should be screened annually.
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