

Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	Mammogram Ultrasound – if dense breast tissue	Mammogram is recommended for women over 40 and done annually. Ultrasounds are done if there are any abnormal findings in the mammogram
Colon	Colonoscopy Stool DNA test CBC blood test	Colonoscopy should be done to both men and women every 10 years if normal. Recommended age is 45 years Stool DNA Test is at home and called Cologuard. This is done every 3 years and can be a pre-test before colonoscopy if the test is normal
Prostate	PSA test	PSA is a blood test. Normal testing age would be for men and at 50 years. If the PSA is normal, the frequency of this test is 1-2 years.
Cervical	Pap Smear	Pap Smears start for women at 21 years old. If they are abnormal, they will do a biopsy. Depending on biopsy, they will then go annually for next couple years. If pap is normal, then it is done 3 years.
Lung	CT Scan X-Ray	CT scan and X-ray go hand in hand. This is for both men and women. The recommended age is 50-80 years old who had a smoking history, whether current or previous. Annually is recommended.