

Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	mammogram	Women: age 40-70 every 2 years
Colon	Colonoscopy (10 yrs) Stool DNA test(yearly) Flexible sigmoidoscopy (5 yrs)	Adults :45-75
Prostate	Prostate-specific antigen (PSA) Blood test Digital rectal exam (DRE)	Men: 55-69 not recommended for all men routinely
Cervical	Pap smear HPV test	Female- 21-29: pap smear (3 yrs) 30-65: pap smear (3 yrs); HPV (5yrs) Not high risk over the age of 65
Lung	Low dose CT scan	Adults: 50-80 with 20+ pack year smoking history and currently smoke and quit within the last 15 years Annually until person has smoked in 15 years