

### Cancer Screening Recommendations

| Cancer   | Screening Test (s)  | Recommended for whom, what age, how often?  |
|----------|---|---|
| Breast   | Mammogram   | <p>Women 40-44 should begin annual screening if they have the access and desire to do so.</p> <p>Women 45-54 should get an annual mammogram</p>   |
| Colon    | Stool-based test<br>Colonoscopy   | <p>People at avg. risk for colon cancer should begin screening at 45.</p> <p>Screening should continue through until 75. These individuals should consult their doctor about continuing screening after 75.</p>                                       |
| Prostate | PSA Blood Test (Prostate Specific Antigen)<br>DRE (Digital rectal exam) | <p>Starting at 50, men should consult a provider about testing.</p> <p>African American men who have a father or brother who had prostate cancer before 65 should talk to a provider beginning at age 45.</p>   |
| Cervical | Primary HPV test<br>HPV co-test<br>Pap smear                            | <p>Screening should start at age 25, and people between 25 and 65 should get an HPV test done every 5 years.</p> <p>If not available these individuals should get a co-test (HPV test with a pap test) every 5 years or a pap test every 3 years.</p> |
| Lung     | LDCT (Low Dose CT scan)   | <p>Recommended for people aged 50 to 80 who smoke or used to smoke and have at least a 20 pack-year history of smoking.</p>   |