

Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	Mammogram	Whom : women What age : 40-54 How often : annually (45-54) Every 2 years (55+)
Colon	Colonoscopy Stool-based test	Whom : male and female What age : 45+ How often : yearly / every 3 years (stool-test) Every 5-10 years (colonoscopy)
Prostate	PSA blood test	Whom : men (African American men have a higher risk) What age : 45-50 How often : depends on PSA level and provider or patient decision
Cervical	Pap Smear HPV test	Whom : women What age : 25-65 How often : every 5 years (HPV) Every 3 years (pap smear)
Lung	Low-dose CT scan	Whom : high risk adults (current or former smokers with 20+ pack-year history) What age : 50-80 How often : every year until 80 or until 15 years smoke free