

Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	Test: Mammogram	Recommended for women ages 40-54. It is recommended for women ages 45-54 to get screened annually. It is recommended for women ages 55+ to get screened every 2 years (or continue annually if preferred)
Colon	Test: -Stool-based test -colonoscopy	Recommended for anyone starting the age of 45. Recommended to get a stool-based test yearly/every three years or visual test every 5-10 years.
Prostate	Test: PSA blood test	Recommended for men starting at the age of 45-50. 45 year old males of African American descent at higher risk. How often varies depending on PSA level and provider/patient decision.
Cervical	Test: Pap smear -HPV test	Recommended for women starting at the age of 25 to about the age of 65. HPV testing can be done every 5 years and Pap smear can be done every 3 years.

Lung	Test: Low-dose CT scan	Recommended for high risk adults starting at the age of 50. Typically for current or former smokers with 20+ pack-year history. Should be screened every year until 80 years or until 15 years smoke-free.
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