

Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	Mammogram Breast MRI	People with average risk/major genetic mutation, family history. 40-44yrs: option to start annual mammograms 45-54: mammograms every year 55 and older: every 2 years or yearly
Colon	Sensitive test- stool sample Visual exam of colon and rectum(colonoscopy, sigmoidoscopy, CT colonography) coloscopy	Start age: 45 yrs End age: continue regular screening through age 75 76-85: pt and provider preference Over 85: no longer recommended
Prostate	PSA blood test with or without digital rectal exam. Frequency depends on PSA level and other risk factors. No single schedule for everyone.	Start 50 yrs: "talk about the pros and cons" 45 yrs for higher risk men: African American or men who have a father or brother dx before age 65: to begin discussion
Cervical	Primary HPV every 5 years HPV + PAP every 5 years or pap test alone every 3 years	Start age: 25 yrs End age: 65 yrs if pt has hx of normal results over 10 yrs and no hx of serious pre-cancer, then screening may stop Pt with no cervix (been removed unrelated to cervical cancer or pre cancer) no screening. Pt with hx of HIV, DES, organ transplant may need different screening schedule
Lung	Annual low dose CT scan.	Pt with high risk due to smoking hx Start age: 50yrs Upper age limit: 80 yrs Smoking criteria: min 20 pack year hx, currently smoking, or have quit within past

		number of years,
--	--	------------------