

Nursing Problem Worksheet

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Risk for unstable blood glucose Reasoning: Type I DM Goal: During my time of care, A. P will maintain blood glucose within 70-110 mg/dL. Goal: During my time of care, A.P will show no signs of hypo/hyperglycemia. (shakiness, sweating, confusion, cool, clammy skin)	Assess blood glucose QIDACHS via finger stick	Administer insulin lispro per sliding scale (1 unit for every 10mg/dL over 150mg/dL per endocrine only before meals)
	Assess for signs & symptoms of hypo/hyperglycemia (sweating, shakiness, confusion, fruity breath) PRN	Provide fast acting carb (orange juice) if hypoglycemia occurs. Follow protocol and notify provider
	Monitor I&O, weight PRN/daily	Maintain/administer IV fluids 5% Dextrose in 0.45% Sodium Chloride 1000mL at 95mL/hr

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Deficient knowledge Reasoning: 10 yo, new dx of Type I DM, unfamiliar with diabetes management Goal: During my time of care, A.P or family will verbalize understanding of blood glucose monitoring and insulin administration.	Assess baseline knowledge of diabetes management (glucose monitoring, insulin use, diet)	Provide age/cognitive appropriate diabetes education with written/picture materials and teach-back method
	Reassess family and pt understanding after teaching sessions	Arrange for diabetes educator and/or child life specialist to help reinforce teaching
	Observe return demonstration of a skill (glucose check, insulin injection)	Encourage family participation in blood glucose monitoring and insulin admin during hospital stay

Name: Destiny Romano

Goal: During my time of care, A.P or family will demonstrate correct technique for at least one self-care skill. (glucose check, insulin injection)		
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