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Nursing Problem Worksheet

Anticipated Patient Problem and Goals	Relevant Assessments (Prework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prework) What will you do if your assessment is abnormal?
Problem: Risk for Unstable blood glucose	Assess blood glucose levels QIDACHS	Administer insulin as ordered
Reasoning: Newly Diagnosed Type 1 Diabetes, DKA, Glucose 522, UA positive for ketones	Assess for signs of hypo/hyperglycemia Q4hrs and PRN	Give juice if experiencing an episode of hypoglycemia, administer insulin if experiencing hyperglycemia
Goal: Will have no signs of hyper/hypoglycemia during my time of care.	Assess knowledge on glucometers and if they know anything about taking a blood glucose once a shift	Educate how to do a fingerstick and educating on what a high blood sugar would be vs a low blood sugar.
Goal: Will be able to demonstrate how to properly check blood glucose during my time of care.		

Anticipated Patient Problem and Goals	Relevant Assessments (Prework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prework) What will you do if your assessment is abnormal?
Problem: Impaired Gas Exchange	Assess lung sounds Q4hrs	Educate the importance of coughing and deep breathing and if needed demonstrate how to cough and deep breathe
Reasoning: Community Acquired Pneumonia, WBC- 24000	Assess O2 Sat Q4hrs	Administer oxygen as needed
Goal: Breath sounds will be clear and have no signs of crackles during my time of care.	Assess RR Q4hrs	Position in a semi-fowlers position
Goal: O2 Sat will remain above 95% on RA during my time of care.		