

**Nursing Problem Worksheet**

<p><b>Anticipated Patient Problem</b></p> <p><b>and</b></p> <p><b>Goals</b></p>	<p><b>Relevant Assessments</b></p> <p>(Prewrite) What assessments pertain to your patient's problem? Include frequencies</p>	<p><b>Multidisciplinary Team Intervention</b></p> <p>(Prewrite) What will you do if your assessment is abnormal?</p>
<p>Problem: Impaired gas exchange.</p> <p>Reasoning: Admitted with pneumonia=inflammatory response and fluid in the lungs=altered oxygen supply.</p> <p>Goal: SpO2 will be above 90% on RA during my time of care.</p> <p>Goal: RR will be between 16-22 respirations per min during my time of care.</p>	<p>Auscultate lung sounds, depth, effort, rate and LOC q2hrs.</p>	<p>Administer 2.5 mg q6hrs prn of Albuterol 0.083% as a nebulizer solution.</p>
	<p>Monitor SpO2 levels and respiratory rate continuously.</p>	<p>Provide supplemental oxygen starting at 2L NC, keep suction at bedside, raise HOB, and encourage deep coughs prn.</p>
	<p>Assess sputum for color, viscosity, and amount q2hrs.</p>	<p>Administer 1000 mg Ceftriaxone IVPB daily.</p>

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<p>Problem: Unstable Blood Glucose</p> <p>Reasoning: 10 y/o diagnosed with type one diabetes, is also under stress from pneumonia and being in the hospital.</p> <p>Goal: Blood sugar will be below 200 mg/dL during my time of care.</p> <p>Goal: Weight will range from 26-40 kgs and height will be within 127 to 150 cm for a 10 y/o boy.</p>	<p>Assess blood glucose level q6hrs and PRN.</p>	<p>Administer insulin daily, before meals, and at bedtime to control blood sugar.</p>
	<p>Perform thorough skin assessment q shift, paying close attention to any previous cuts/wounds.</p>	<p>Educate parents and child to do skin checks daily and treat any injuries promptly no matter the size q shift.</p>
	<p>Assess weight, BMI, height, skin, electrolyte, development, mental status, muscle mass, strength, hair, and nails q shift.</p>	<p>Refer to a dietician to prevent any nutritional imbalances for the child to promote development q shift.</p>