

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Communication Day 1 Class Prep Worksheet

Review ATI's Engage Fundamentals – Foundational Concepts of Nursing Practice lesson on Client Education in order to answer the following questions.

1. What is the purpose of client education?

To empower clients to take action in their health, and have safer, better care at home. The education provides awareness about their own health that is safety control, empowering, helpful and anxiety reducing.

2. Describe each of the three learning domains and provide an example of how each can be used in client education.

The cognitive domain is the thinking domain of education, it could be used with a client through conversation when educating. An example could be educating a young patient on their allergy and how to use their EPI pen.

The affective domain is the emotional aspect of education. The client would accept the fact that they have an allergy and need to avoid certain foods, and know how to use their EpiPen.

The psychomotor domain displays the physical aspect to education. The patient would do a mock demonstration demonstrating that they know how to use their EpiPen.

3. List at least two (2) factors that promote learning.

Relevance and readiness are two factors that promote learning. Patients must feel that the information is applicable and important to their life. They must also be in a good enough headspace with the readiness to attain the information.

4. List at least two (2) factors that hinder learning.

Physical discomfort and negative emotions can hinder learning. If a patient is physically uncomfortable they will be more focused on that discomfort. If upset they may not be open minded or too anxious to obtain information.

5. Describe the evaluation method of teach-back. Provide an example of its use in patient education.

The nurse will have the patient display that they understood the teaching by repeating it back to them or physically showing. One example would be a young patient explaining and pretending to administer their EpiPen.

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6. What does the SMART framework stand for when creating patient teaching goals?

Specific, measurable, achievable, relevant and timed.