

Name: _____

Nursing Problem Worksheet

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Impaired gas exchange</p> <p>Reasoning: D/t chest X-ray of RUL c/w CAP.</p> <p>Goal: By the end of my time of the shift the clients SPO2.</p> <p>Goal: By the end of my shift the clients WBC will decrease by 1000-2000 during my time of care.</p>	Auscultate lung sounds for wheezing, crackles, SOB PRN	Administer supplemental O2, Albuterol 2.5 mg q6hr/PRN
	Monitor RR status and position q2hours	Reposition in Semi- Fowler's demonstrate deep breathing exercises along with education for using IS PRN
	Monitor WBC, temperature and sputum culture q4hr	Administer Ceftriaxone 50mL/ 30 min

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Unstable blood glucose</p> <p>Reasoning: As evidence by a blood glucose of > 500 mg, (+) ketone, and lethargic mental status upon admission.</p> <p>Goal: By the end of my time of care the client will maintain stabilized blood glucose levels (70-100mg/dl).</p>	Assess blood glucose q4 times daily	Administer Insulin Lispro 1 unit q 10mg/dl if over 150 mg/dl, and Insulin Glargine 10 units/day
	Assess current knowledge of autoimmune disease PRN	Educate signs and symptoms to look out for (hypoglycemia-Pallor, calmy decreased mental status) hyperglycemia- Polyuria, Polyphagia, Polydipsia) RPN
	Assess fluid deficit through I's and O's, LOC, skin turgor, and oral mucosa q2hr	Maintain 5% Dextrose w/ 20 mEq running at 100mL, 95mL/hr

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Goal: By the end of my shift the client and guardian will understand the importance of adherence to management and treatment for type 1 DM.		