

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**

**Communication Day 1 Class Prep Worksheet**

*Review ATI's Engage Fundamentals – Foundational Concepts of Nursing Practice lesson on Client Education in order to answer the following questions.*

1. What is the purpose of client education?

To empower clients to act in their health processes. It helps provides information to patients and their families.

2. Describe each of the three learning domains and provide an example of how each can be used in client education.

Cognitive domain – A client must be able to think through the information presented to them and be able to comprehend it. A client going through a stoma formation must use cognitive domain to understand the need for the pouch and the ability to correct any problems when using the pouch. The nurse will explain what a stoma actually is and the process of dealing with the alter.

Affective Domain – This is based on emotions and the client's feelings. A client who is going through a stoma formation may have many fears about what this change will bring to their daily lives. The nurse will provide education on how it will change their daily routine to help eliminate some of the fears.

Psychomotor Domain – This is learning based on action such as physical movement, skills or use of senses. This is the client learning how to change the pouch with supervision, then independently, then they change the pouch without error consistently, and then the pouch becomes a part of their daily routine. A nurse can help teach the patient or correct steps and tips, while providing positive comments when successfully completing the task.

3. List at least two (2) factors that promote learning.

Perceived benefits

Nonjudgmental support

4. List at least two (2) factors that hinder learning.

Physical discomfort

Environmental distractions

5. Describe the evaluation method of teach-back. Provide an example of its use in patient education.

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Teach back is a type of instruction in which client is asked to explain the information to the nurse in their own words. You ask a elderly woman if she understands why she was prescribed Lasix and what it will do and cause for her.

6. What does the SMART framework stand for when creating patient teaching goals?  
Specific, Measurable, Attainable, Relevant, and Timed.