

Name: _____ Riley Taylor _____

Nursing Problem Worksheet

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Risk for Unstable Glucose Reasoning: Type 1 DM dx Goal: Blood glucose level will not exceed 300 during my care. Goal: There will be no signs of hypoglycemia during my care (cold, clammy).	Assess glucose level QIDACHS	Administer rapid acting insulin according to order (sliding scale) and insulin Glargine every morning
	Assess dietary status q shift	Encourage regular meals and small snacks during the day q shift
	Assess for signs of hypoglycemia (cold, clammy...) q 4 hrs or PRN	Give a fast-acting carb like orange juice, then re-check glucose after 15 minutes. Repeat until glucose comes above 70

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Deficient Knowledge on new type 1 DM diagnosis Reasoning: Age 10, new dx of DM	Assess a baseline of knowledge q shift	Educate the type of diabetes (type 1) and symptoms of the dx q shift or until client can re teach the primary RN
	Assess any barriers or a preference to learning q shift	Ensure that information is in preferred language as well as the correct literacy level for child and their support system q shift
	Assess for the readiness to learn q shift or before educating	Demonstrate insulin admin on a stuffed animal and ensure that child

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Goal: Client will be able to re teach what type 1 DM is in simple terms by the end of my care.		is aware and familiar with equipment at least q shift
Goal: Client will be able to express worries and concerns about the new dx PRN		