

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Communication Day 1 Class Prep Worksheet

Review ATI's Engage Fundamentals – Foundational Concepts of Nursing Practice lesson on Client Education in order to answer the following questions.

1. What is the purpose of client education?

The purpose of client education is to promote the building of skills and assist clients in being accountable for their care and knowledge needed to make healthy lifestyle choices. It can be influenced by clients' religion, values, attitudes, beliefs, and health literacy. Education delivered differs due to the assessment made by nurses including comprehension and learning goals.

2. Describe each of the three learning domains and provide an example of how each can be used in client education.

Cognitive Domain is known as the thinking domain and consists of 6 stages: knowledge, comprehension, application, Analysis, Synthesis, and Evaluation. An example of this would be educating a client on the use of a stoma, as it can be a huge lifestyle change.

Affective Domain is known as learning based on emotions, involving a client's feelings. An example of this would be asking a client how they feel about the new lifestyle changes associated with a stoma.

Psychomotor domain is learning based on action involving movement, skills, coordination, and the use of senses. An example of this would be the client learning to change their stoma pouch on their own.

3. List at least two (2) factors that promote learning.

Motivation is vital in promoting learning because it increases self-esteem and is an actual measurement of accomplishment.

Task-centered factor is another example that promotes learning; it's more effective when it relates to that specific client's life experiences.

Enhanced health literacy and nonjudgmental support

4. List at least two (2) factors that hinder learning.

Lack of motivation, environmental distractions, and physical discomfort

5. Describe the evaluation method of teach-back. Provide an example of its use in patient education.

The teach-back method is an instruction where the client is asked to explain the direction back to the nurse in their own words. An example of this would be a client explaining how to correctly use a SI.

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6. What does the SMART framework stand for when creating patient teaching goals?

Specific

Measurable

Attainable

Relevant

Time