

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**

Jordyn Palmer

**Communication Day 1 Class Prep Worksheet**

*Review ATI's Engage Fundamentals – Foundational Concepts of Nursing Practice lesson on Client Education in order to answer the following questions.*

1. What is the purpose of client education?

The purpose of client education is to empower clients to take action in their health process and providing information to the families and communities according to ATI.

2. Describe each of the three learning domains and provide an example of how each can be used in client education.

According to ATI, the three learning domains are cognitive domain (thinking domain where client must think through the information presented to them and be able to comprehend it), affective domain (involving of the client's feelings, values, attitudes, and beliefs), and finally psychomotor domain (involving the use of hands-on fine and gross motor skills). One example for cognitive is a patient with a bandage for a pressure wound on their leg. The patient uses the knowledge and importance of how to safely change a bandage wound from the nurse's teaching. In addition, using the correct skills to safely cover the wound and discard the old bandage. One example for affective domain is for the bandaged wound on the leg, the patient asks questions and considers how this will affect their lifestyle. The patient will correctly do the technique after all questions are answered fully. One example for psychomotor domain is the patient will correctly change the bandage with gloves, dressings, and clean technique. The patient can change independently, without error, and routinely after instruction and supervision by the nurse.

3. List at least two (2) factors that promote learning.

Two factors that promote learning are repetition and nonjudgmental support according to ATI.

4. List at least two (2) factors that hinder learning.

Two factors that hinder learning are lack of motivation and environmental distractions according to ATI.

5. Describe the evaluation method of teach-back. Provide an example of its use in patient education.

The evaluation method of teach-back is to evaluate the client's level of understanding of the teaching and identify areas where further instruction is needed. One example is a patient is learning how to take a certain medication. The nurse educates the patient on the medication and how to

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take it before discharge, so they can take it at home correctly. The patient responds back with what they have learned from the nurse. The nurse uses their judgement and verifies that the patient is ready to be discharged and understands through the patient explaining very clearly the importance of taking the medication and the correct technique of how to take it.

6. What does the SMART framework stand for when creating patient teaching goals?

SMART stands for specific, measurable, achievable, relevant, and timed.