

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**

**Communication Day 1 Class Prep Worksheet**

*Review ATI's Engage Fundamentals – Foundational Concepts of Nursing Practice lesson on Client Education in order to answer the following questions.*

1. What is the purpose of client education?

Client education is an ongoing, goal-driven, interactive process that provides clients with new information.

2. Describe each of the three learning domains and provide an example of how each can be used in client education.
  - Cognitive: the client can think through, comprehend and process information presented to them.
  - Affective: the information provided affects a clients feelings, such as provides a sense of relief.
  - Psychomotor: the information presented helps to teach clients hand on skills.

3. List at least two (2) factors that promote learning.

Perceived benefit and nonjudgmental support.

4. List at least two (2) factors that hinder learning.

Low health literacy and lack of motivation to learn.

5. Describe the evaluation method of teach-back. Provide an example of its use in patient education.

The client is instructed to explain learned information back to the nurse and teach them what they've learned. For example, a patient may demonstrate/teach their nurse how to take their medication to demonstrate understanding.

6. What does the SMART framework stand for when creating patient teaching goals?

Specific, Measureable, Attainable, Relevant and Timed. This framework helps to form a plan for clients to create and evaluate their goals.