

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Communication Day 1 Class Prep Worksheet

Review ATI's Engage Fundamentals – Foundational Concepts of Nursing Practice lesson on Client Education in order to answer the following questions.

1. What is the purpose of client education?

Empowers clients to act in their health process/provides information not only to individual people but also families and communities.

2. Describe each of the three learning domains and provide an example of how each can be used in client education.

Cognitive domain: the thinking domain. Ex. clients must think through the information presented to them and be able to comprehend the information.

Affective domain: learning based on emotions and involves the client's feelings. Ex. The client with a new stoma may need to alter beliefs about daily routines, feelings regarding body image, or attitudes towards maintaining compliance.

Psychomotor domain: based on action. Ex. Involves physical movement, skills, coordination, and use of the senses.

3. List at least two (2) factors that promote learning.

Enhances health literacy and repetition.

4. List at least two (2) factors that hinder learning.

Language barriers and visual and hearing impairments

5. Describe the evaluation method of teach-back. Provide an example of its use in patient education.

Type of instruction which the client is asked to explain the information to the nurse in their own words.

6. What does the SMART framework stand for when creating patient teaching goals?

Specific, Measurable, Attainable, Relevant, and Timed