

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**

**Communication Day 1 Class Prep Worksheet**

*Review ATI's Engage Fundamentals – Foundational Concepts of Nursing Practice lesson on Client Education in order to answer the following questions.*

1. What is the purpose of client education?

The purpose of client education is to ensure that the client fully understands what is happening or what is going to happen, and to make them as comfortable as possible.

2. Describe each of the three learning domains and provide an example of how each can be used in client education.

The first domain is the cognitive domain. The cognitive domain consists of 6 stages Knowledge, Comprehension, Application, Analysis, Synthesis, evaluation. The second stage is affective domain. This domain is based on emotions and the patient's feelings. The third stage is psychomotor. This domain involves action it involves physical movement, skills, coordination, and use your senses.

3. Describe the evaluation method of teach-back. Provide an example of its use in patient education.

Teach-back is a type of instruction in which the client is asked to explain the information to the nurse in their own words. This can also include client demonstration of a newly learned skill. An example of this would be explaining to the patient how to take their medications at home then having them explain it back to you in their own words.

4. What does the SMART framework stand for when creating patient teaching goals?

SMART stands for Smart, Measurable, Achievable, Relevant, and Timed.