

MARGARET H. ROLLINS SCHOOL OF NURSING
N-201 Nursing Care of Special Populations
MENTAL HEALTH NURSING
Class Preparation #2

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
<p>Cluster A</p> <ol style="list-style-type: none"> 1. Paranoid Personality Disorder 2. Schizoid Personality Disorder 3. Schizotypal Personality Disorder 	<ol style="list-style-type: none"> 1. Pervasive, persistent, and inappropriate mistrust of others. Suspicious of other's motives and assume that others intend to exploit, harm, or deceive 2. Profound defect in the ability to form personal relationships. Failure to respond to others in a meaningful emotional way 3. Resembles schizophrenia, may develop into schizophrenia, up to 10% suicide. 	<ul style="list-style-type: none"> • Attempt to establish trust • Professional demeanor • Be honest • Clear, simple explanations • Set limits
<p>Cluster B</p> <ol style="list-style-type: none"> 1. Antisocial personality disorder 2. Borderline Personality Disorder 3. Histrionic Personality Disorder 4. Narcissistic Personality 	<ol style="list-style-type: none"> 1. Fails to sustain consistent employment, fails to conform to the law, exploits and manipulates others for personal gain, fails to develop stable relationships, persistent disregard for others, persistent violation of other's rights, absence of remorse for hurting others 2. A pattern of intense and chaotic relationships with affective instability. Fluctuating and extreme attitudes regarding other people, highly impulsive, chronic depression, abandonment issues, chronic feelings of emptiness 3. Excitable and emotional, colorful and dramatic, extroverted. Self-dramatizing, attention seeking. Seductive and manipulative 4. Sense of entitlement, believe they should receive special consideration, lack of empathy; exploiting others to meet own needs, envious of others, use of splitting, tantrums 	<ul style="list-style-type: none"> • Give positive reinforcement for unselfish or other-center behavior • Keep communications and interactions professional • Provide support • Help clarify true feelings • Assess for suicidal ideation
<p>Cluster C</p> <ol style="list-style-type: none"> 1. Avoidant personality disorder 2. Dependent personality disorder 	<ol style="list-style-type: none"> 1. Extreme sensitivity to rejection, social withdrawal 2. A pattern of relying on others for emotional support. Relatively common in the population. More common in women vs men. Intense fear of separation and being alone. Lack of self confidence 	<ul style="list-style-type: none"> • Teach and role model assertiveness • Friendly, gentle reassuring approach • Guard against power struggles • Provide structure • Assist in developing effective coping techniques

3.Obsessive-compulsive personality disorder	3.Inflexibility about the way in which things must be done. Devotion to productivity at the exclusion of personal pleasure	
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