

MARGARET H. ROLLINS SCHOOL OF NURSING
N-201 Nursing Care of Special Populations
MENTAL HEALTH NURSING
Class Preparation #2

Compare the three clusters of personality disorders & nursing interventions for each cluster:

| Clusters | Defining Characteristics | Nursing Interventions |
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| <p>Cluster A</p> <ol style="list-style-type: none"> 1. Paranoid Personality Disorder 2. Schizoid Personality Disorder 3. Schizotypal Personality Disorder | <ol style="list-style-type: none"> 1. Persuasive, persistent, inappropriate mistrust of others. Suspicious of other motives and assuming that others are doing actions to harm or deceive them. Tends to misinterpret cues. 2. Defect in the ability to form personal relationships. Can not respond to others in an emotional and meaningful way. Emotionally cold, no close friends, prefers to be alone 3. Isolated, behaves in a bland manner, illusions, depersonalization, superstitious, withdrawals self, lacks close friends | <ul style="list-style-type: none"> -Attempt to establish trust -Keep a professional demeanor -Be honest with patient -Use clear and simple explanations -Set limits with patient |
| <p>Cluster B</p> <ol style="list-style-type: none"> 1. Antisocial Personality Disorder 2. Borderline Personality Disorder 3. Histrionic Personality Disorder 4.) Narcissistic Personality | <ol style="list-style-type: none"> 1. Can not sustain consistent employment, fails to conform to the law, exploits others for personal gain, fails to develop stable relationships, persistent disregard for others, violates others right 2. A pattern of intense and chaotic relationships that have instability, highly impulsive, chronic depression, abandonment issues, chronic feelings of emptiness 3. Center of attention, theatrical, believes relationships are more intimate then they actually are, easily influenced, seductive behavior, shallow emotions | <ul style="list-style-type: none"> -Provide support to patient -Help the patient clarify true feelings -Assess for suicidal ideation -Keep all interactions and conversations professional -Give positive reinforcement for unselfish behaviors |

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|--|---|--|
| | <p>4. Sense of entitlement, believes they need special considerations, lacks empathy for others, envious of others, has tantrums</p> | |
| <p>Cluster C</p> <p>1. Avoidant Personality Disorder</p> <p>2. Dependent Personality Disorder</p> <p>3.) Obsessive-Compulsive Personality Disorder</p> | <p>1. Extreme sensitivity to rejection, social withdrawal, awkward or uncomfortable in social situations, desires close relationships but avoids them due to fear of rejection, can be seen as timid or withdrawn</p> <p>2. Pattern of relying on others for emotional support, lacks self-confidence, low self-worth, easily hurt by criticism, is very tolerant of poor or abusive relationships</p> <p>3. Rule obsessed, inflexible, reluctant to delegate to others, stubborn, cannot discard worthless objects</p> | <p>-Safety</p> <p>-Set limits on patient behavior and consistently enforce them</p> <p>-Assess own reactions to the patient</p> <p>-Observe patients' behavior frequently</p> <p>-Identify triggers</p> <p>-Encourage patient to talk about feelings</p> |