

MARGARET H. ROLLINS SCHOOL OF NURSING
N-201 Nursing Care of Special Populations
MENTAL HEALTH NURSING
Class Preparation #2

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
<p>Cluster A</p> <ol style="list-style-type: none"> 1. Paranoid 2. Schizoid 3. Schizotypal 	<ol style="list-style-type: none"> 1. Pervasive, persistent, inappropriate mistrust of others, suspicious of others motives, trusts no one, tends to misinterpret cues, does not accept responsibility... 2. A profound defect in the ability to form relationships, failure to respond to others in an emotional meaningful way, emotionally cold, no close friends, appears shy, anxious, or uneasy... 3. Resembles schizophrenia, may develop into it, aloof and isolated, magical thinking, illusions, lacks friends, withdrawal into self, bizarre speech pattern 	<p>Try to establish trust, maintain a professional demeanor, be honest, give clear and simple explanations, and always set limits</p> <p>(Below applies to all clusters of personality disorder)</p> <p>Safety, assess your own reactions, set limits of patient behaviors, observe behaviors frequently, identify triggers, do not give positive reinforcement for manipulating behaviors, encourage clients to talk about their feelings, teach coping skills</p>
<p>Cluster B</p> <ol style="list-style-type: none"> 1. Antisocial 2. Borderline 3. Histrionic 4. Narcissistic 	<ol style="list-style-type: none"> 1. Fails to have consistent employment, manipulates others for personal gain, fails at stable relationships, no remorse for others, disregard for others 2. Pattern of intense and chaotic relationships with affective instability, highly impulsive, chronic depression, abandonment, emptiness, difficulty controlling anger, may dissociated, emotionally unstable 3. Colorful and dramatic, extroverted, attention seeking, self-dramatizing 4. Sense of entitlement, lack of empathy, envious of others, mood can easily change because of fragile self-esteem, may not take criticism from others well 	<p>Give positive reinforcement for unselfish behaviors, provide support, keep interactions and communication professional, help to clarify true feelings, assess for any suicidal ideations</p>

<p>Cluster C</p> <ol style="list-style-type: none"> 1. Avoidant 2. Dependent 3. Obsessive-Compulsive 	<ol style="list-style-type: none"> 1. Extreme sensitivity to rejection, social withdrawal, awkward and uncomfortable in social areas, perceived as timid, withdrawn, or cold and strange, view others as critical and betraying 2. A pattern of relying on others for emotional support, more common in women, intense fear of separation, lack of self-confidence, tolerant of poor relationships, high levels of anxiety 3. Inflexibility about the way things should be done, devotion to productivity at the exclusion of personal pleasure, tend to be rigid and unbending, high achievers, socially polite and formal 	<p>Teach and role model assertiveness, friendly, gentle reassuring approach, provide structure, assist in developing effective coping techniques</p>
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