

MARGARET H. ROLLINS SCHOOL OF NURSING
N-201 Nursing Care of Special Populations
MENTAL HEALTH NURSING
Class Preparation #2

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
<p>Cluster A</p> <p>1. Paranoid Personality Disorder</p> <p>2. Schizoid Personality Disorder</p> <p>3. Schizotypal Personality Disorder</p>	<p>1. Pervasive mistrust of others, suspicious of others, assumes others have an intent to harm, insensitive to the feelings of others, does not accept responsibility, blames others rather than self.</p> <p>2. Defect in ability to form personal relationships, emotionally cold, prefers to be alone, serious about everything and difficulty acting in a light-hearted manner</p> <p>3. Resembles schizophrenia, isolated, bland, superstitious, withdrawal into self, lacks close friends, bizarre speech pattern</p>	<ul style="list-style-type: none"> - Attempt to establish trust - Professional demeanor - Be honest - Clear, simple explanations - Set limits - Antipsychotics
<p>Cluster B</p> <p>1. Antisocial personality disorder</p> <p>2. Borderline Personality Disorder</p> <p>3. Histrionic Personality Disorder</p> <p>4. Narcissistic Personality Disorder</p>	<p>1. fails to conform to law, exploits/manipulates other for personal gain, fails to develop stable relationships, disregard for others, violation and absence of remorse for hurting others</p> <p>2. Pattern of intense and chaotic relationships with affective instability, high impulsive, chronic depression, abandonment issues, feelings of emptiness</p> <p>3. Excitable & emotional, colorful & dramatic, extroverted, attention-seeking</p> <p>4. Sense of entitlement, believe they need special consideration, lack of empathy, envious of others, use of splitting, tantrums</p>	<ul style="list-style-type: none"> - Give positive reinforcement for unselfish or other-center behaviors - Keep communications and interactions professional - Provide support - Help clarify true feelings - Assess for suicidal ideation - SSRIs
<p>Cluster C</p> <p>1. Avoidant personality disorder</p> <p>2. Dependent personality disorder</p>	<p>1. Extreme sensitivity to rejection, social withdrawal, uncomfortable in social situations, fear of being rejected, timid, withdrawn, lonely and feels unwanted, views others as critical and betraying.</p> <p>2. Pattern of relying on others for emotional support, fear of separation and being alone, lack of self-confidence, low self-worth, easily hurt by criticism and disapproval, high anxiety, needs</p>	<ul style="list-style-type: none"> - Teach and role model assertiveness - Friendly, gentle reassuring approach - Guard against power struggles - Assist in developing effective coping techniques

<p>3. Obsessive-compulsive personality disorder</p>	<p>support and reassurance</p> <p>3. Inflexibility about the way in which things must be done, devotion to productivity at the exclusion of personal pleasure, organization, rigid and unbending, socially polite and formal, high achievers</p>	
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