

Name: \_\_\_\_\_

### Nursing Problem Worksheet

<b>Anticipated Patient Problem  and  Goals</b>	<b>Relevant Assessments</b>  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Unstable blood glucose</p> <p>Reasoning: New onset of type 1 diabetes, pneumonia infection, DKA diagnosis (Ketones in urine, positive glucose, Ph 7.15), Glucose 522, A1C 8.6%</p> <p>Goal: Will maintain glucose level between 70-120 during my time of care</p> <p>Goal: Will verbalize understanding along with parent of insulin administration/glucose management during my time of care.</p>	Assess glucose before meals, at bedtime, and PRN if symptomatic	Hypoglycemia: Administer orange juice, recheck in 15 min. Hyperglycemia: Administer Aspart insulin.
	Assess understanding of insulin injection administration during my time of care	Demonstrate insulin injection and have pt/parent teach back.
	Assess nutritional intake (carbs, sugar) during breakfast/lunch/dinner/snacks	Educate on diet choices for diabetes, and sick day nutrition management.

<b>Anticipated Patient Problem  and  Goals</b>	<b>Relevant Assessments</b>  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Ineffective airway clearance</p> <p>Reasoning: Diagnosis of community acquired pneumonia, order for Ceftriaxone (antibiotic)</p>	Assess respiratory rate, WOB, and Spo2 Q2 hr	Apply o2 nasal canula and notify the doctor PRN
	Assess breath sounds for any crackles or wheezing, Q4 and PRN	Administer Ceftriaxone as ordered.
	Assess cough/sputum production PRN	Educate on how to cough and deep breath to clear secretions PRN.

Name: \_\_\_\_\_

Goal: Will maintain Spo2 greater than or equal to 96% during my time of care.		
Goal: Will demonstrate effective breathing techniques during my time of care.		