

Nursing Problem Worksheet

<p>Anticipated Patient Problem</p> <p>and</p> <p>Goals</p>	<p>Relevant Assessments</p> <p>(Prewrite) What assessments pertain to your patient's problem? Include frequencies</p>	<p>Multidisciplinary Team Intervention</p> <p>(Prewrite) What will you do if your assessment is abnormal?</p>
<p>Problem: Risk for Unstable Blood Glucose</p> <p>Reasoning: The 10 yo has a new onset of Type I DM, which puts him at risk for hypo- or hyperglycemia as insulin therapy is started and adjusted.</p> <p>Goal: During my care, will maintain blood glucose within 100-150 mg/dL.</p> <p>Goal: During my care, will not experience signs/symptoms of hypo- or hyperglycemia (shakiness, sweating, confusion, fruity breath, cool, clammy skin).</p>	<p>Assess blood glucose QIDACHS (before meals & bedtime) via finger stick</p>	<p>Administer insulin lispro recombinant per sliding scale (1 unit for every 10mg/dl over 150mg/dl per endocrine only before meals)</p>
	<p>Assess for signs & symptoms of hypo- or hyperglycemia (sweating, shakiness, confusion, fruity breath). PRN</p>	<p>Provide fast-acting carbohydrate if hypoglycemia occurs/ follow protocol & notify provider</p>
	<p>Monitor I&O, weight PRN/daily</p>	<p>Maintain IV fluids: 5% Dextrose In 0.45% Sodium Chloride (D5/0.45% NACL) 1000 mL at 95 mL/hour</p>

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<p>Problem: Deficient Knowledge</p> <p>Reasoning: New dx of Type I DM, unfamiliar with diabetes management (blood glucose monitoring, insulin administration, and dietary modifications)</p>	<p>Assess baseline knowledge of diabetes management (glucose monitoring, insulin use, diet).</p>	<p>Provide age/cognitive appropriate diabetes education with written materials and teach-back method.</p>
	<p>Reassess family understanding after teaching sessions.</p>	<p>Arrange for diabetes educator and child life specialist to help reinforce teaching.</p>

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Goal: During my care, the pt OR family will verbalize understanding of blood glucose monitoring and insulin administration.	Observe return demonstration of a skill (glucose check, insulin injection).	Encourage family participation in blood glucose monitoring and insulin administration during hospitalization.
Goal: During my care, the pt OR family will demonstrate correct technique for at least one self-care skill (glucose check, insulin injection, or carb counting).		

Additional Problems:

Impaired gas exchange, Difficulty coping, Risk for Fluid/Electrolyte Imbalance, Infection