

MARGARET H. ROLLINS SCHOOL OF NURSING
N-201 Nursing Care of Special Populations
MENTAL HEALTH NURSING
Class Preparation #2

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
<p>Cluster A</p> <p>1. Paranoid personality disorder</p> <p>2. Schizoid personality disorder</p> <p>3. schizotypal personality disorder</p>	<p>1. Pervasive, persistent, and inappropriate mistrust of others</p> <p>2. Profound defect in the ability to form personal relationships and a failure to respond to others in a meaningful emotional way</p> <p>3. Resembles schizophrenia</p>	<p>Establish trust</p> <p>Be honest</p> <p>Be professional</p> <p>Be clear and simple in expectations</p> <p>Set limits</p>
<p>Cluster B</p> <p>1. antisocial personality disorder</p> <p>2. borderline personality disorder</p> <p>3. Histrionic personality disorder</p> <p>4. narcissistic personality disorder</p>	<p>1. Cant remain employed, manipulates and exploits others for personal gain, disregard for others and their rights, no remorse</p> <p>2. Intense and chaotic relationships with affective instability, fluctuating extreme attitudes, impulsive, depressed, abandonment issues, emotionally unstable, self-destructive, hard to control anger</p> <p>3. Excitable, emotional, colorful, dramatic, extroverted, self-dramatizing, attention-seeking, manipulative</p> <p>4. Entitlement, lack of empathy, envious of others, tantrums</p>	<p>Positive reinforcement</p> <p>Be professional</p> <p>Provide support</p> <p>Clarify feelings</p> <p>Assess for suicidal ideation</p>

<p>Cluster C</p> <p>1. avoidant personality disorder</p> <p>2. Dependent personality disorder</p> <p>3. OCD</p>	<ol style="list-style-type: none"> 1. Extreme sensitivity to rejection, social withdraw, awkward and uncomfortable in social settings, withdrawn, timid, lonely 2. Relies on others for emotional support, intense fear of being alone, lack of self-confidence, low self worth, high anxiety, needs support from others, inability to make decisions without reassurance 3. Inflexibility about how things need to be done, rigid, socially polite and formal, high achiever 	<p>Teach and model assertiveness</p> <p>Friendly approach</p> <p>Provide structure</p> <p>Assist in developing coping techniques</p>
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