

MARGARET H. ROLLINS SCHOOL OF NURSING
N-201 Nursing Care of Special Populations
MENTAL HEALTH NURSING
Class Preparation #2

Compare the three clusters of personality disorders & nursing interventions for each cluster:

| Clusters | Defining Characteristics | Nursing Interventions |
|-----------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|
| Cluster A (Odd/Eccentric) 1. Paranoid 2. Schizoid 3. Schizotypal | 1. Social detachment 2. Suspiciousness 3. Odd beliefs | 1. Gain their trust. 2. Clear and simple communication 3. Avoid confrontation. |
| Cluster B (Dramatic/Emotional) 1. Antisocial 2. Borderline 3. Histrionic 4. Narcissistic | 1. Impulsive 2. Emotional 3. Manipulative 4. Attention-seeking | 1. Set firm boundaries 2. Maintain safety 3. Remain consistent 4. Encourage responsibility. |
| Cluster C (Anxious/Fearful) 1. Avoidant 2. Dependent 3. Obsessive-Compulsive | 1. Anxious 2. Dependent 3. Perfectionistic | 1. Provide reassurance. 2. Encourage independence. 3. Assist with coping mechanisms. 4. Avoid power struggles. |