Name: Jamesia Alphonse

Nursing Problem Worksheet

Anticipated Patient Problem and Goals	Relevant Assessments (Prework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prework) What will you do if your assessment is abnormal?
Problem: Unstable Glucose	Assess glucose levels before each meal and before bedtime	Administer insulin aspart per doctors orders
Reasoning: A1C- 8.6, Glucose- 522, T1DM	Assess knowledge of signs and symptoms of hyperglycemia q 12h	Educate on signs and symptoms of hyperglycemia
	Assess daily intake at mealtimes	Collaborate with dietitian to come up with a meal plan
Goal: Glucose will be below 522 by the end of my care		
Goal: Can name 3 signs and symptoms of hyperglycemia by the end of my care		

Anticipated Patient Problem and Goals	Relevant Assessments (Prework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prework) What will you do if your assessment is abnormal?
Problem: Deficient Knowledge	Assess for knowledge of T1DM q 12h	Explain diagnoses and provide with educational pamphlets about T1DM
Reasoning: New diagnoses of T1DM	Assess for knowledge of obtaining blood glucose q 12h	Provide demonstration on how to accurately obtain blood glucose
	Assess for knowledge of CHO counting q 12h	Collaborate with dietitian to educated on CHO counting
Goal: Will demonstrate how to check blood glucose levels by the end of my care		
Goal: Will teach back CHO counting by the end of my care		

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