

MARGARET H. ROLLINS SCHOOL OF NURSING
N-201 Nursing Care of Special Populations
MENTAL HEALTH NURSING
Class Preparation #2

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
<p>Cluster A</p> <ol style="list-style-type: none"> 1. Paranoid personality disorder. 2. Schizoid personality disorder. 3. Schizotypal personality disorder. 	<ol style="list-style-type: none"> 1. Pervasive, persistent, and inappropriate mistrust of others. 2. Profound defect in the ability to form personal relationships. 3. Resembles schizophrenia. 	<ol style="list-style-type: none"> 1. Attempt to establish trust. 2. Have a professional demeanor. 3. Be honest 4. Use clear and simple explanations 5. Set limits
<p>Cluster B</p> <ol style="list-style-type: none"> 1. Antisocial personality disorder 2. Borderline personality disorder 3. Histrionic personality disorder 4. Narcissistic personality 	<ol style="list-style-type: none"> 1. Disregard for laws/social norms disregard for others, failure to develop stable relationships, impulsivity, etc. 2. Pattern of intense and chaotic relationships with affective instability. 3. Self-dramatizing and attention seeking, also overly seductive and manipulative. 4. Sense of entitlement, lack of empathy, envious of others, etc. 	<ol style="list-style-type: none"> 1. Give positive reinforcement for unselfish or other-center behaviors. 2. Keep communication and interactions professional. 3. Provide support 4. Help clarify true feelings 5. Assess for suicidal ideation.
<p>Cluster C</p> <ol style="list-style-type: none"> 1. Avoidant personality disorder 2. Dependent personality disorder 4. Obsessive compulsive personality disorder 	<ol style="list-style-type: none"> 1. Pattern of relying on others for emotional support. 2. Extreme sensitivity to withdrawal, social withdrawal, awkward in social situations, often lonely and feel unwanted. 3. Inflexibility about the way in which things must be done. 	<ol style="list-style-type: none"> 1. Teach and role model assertiveness 2. Have a friendly, gentle reassuring approach 3. Guard against power struggles 4. Provide structure 5. Assist in developing effective coping mechanisms