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**Nursing Problem Worksheet**

| <b>Anticipated Patient Problem</b><br><br><b>and</b><br><br><b>Goals</b>   | <b>Relevant Assessments</b><br><br>(Prewrite) What assessments pertain to your patient's problem? Include frequencies | <b>Multidisciplinary Team Intervention</b><br><br>(Prewrite) What will you do if your assessment is abnormal?   |
|--|---|---|
| Problem: (Risk for) unstable blood glucose<br><br>Reasoning: New dx DM1, DKA, pneumonia (↑ blood sugar), on insulin Glargine & Aspart, HbA1C: 8.6, glucose 522, + ketones & glucose in urine<br><br>Goal: Maintain blood glucose between 80-180 during time of care<br><br>Goal: Both guardian and Adrina will successfully demonstrate how to properly administer correct doses of insulin, and state 3 health promotion techniques relating to DM1 during time of care | Assess blood glucose QIDACHS & prn  | Administer 10 units insulin glargine (daily w/ breakfast), give 1 unit of lispro for every 10mg/dl > 150 mg/dl at HS, give 1 unit per 15gm of carb before meals & at HS           |
|  | Assess for s/sx of hypoglycemia prn   | Give 10-15gm of simple carb, glucose tab, or glucagon, recheck BG in 15 min, continue until BG is >60/70 prn  |
|  | Assess understanding of illness, health promotion, and how to give insulin (guardian & Adrian) q4 & prn               | Involve child life, provide written & verbal material, practice drawing up and administering correct dose, use developmentally appropriate terms and learning approaches q4 & prn |
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|---|---|---|
| Problem: Impaired gas exchange<br><br>Reasoning: Pneumonia, SOB, increased work of breathing, use of accessory muscles, increased RR<br><br>Goal: Maintain SpO2 >92% on RA during time of care<br><br>Goal: Lungs sounds clear, bilat, no SOB, or increased work of breathing during time of care | Assess SpO2 & RR q2 hr & prn  | Administer O2 via NC or face mask prn   |
|   | Assess for SOB/dyspnea, work of breathing, rhythm, use of accessory muscles q2 & prn                                  | Elevate HOB, encourage airway clearance techniques, breathing exercises q2 & prn                              |
|   | Assess lung sounds q2 & prn   | Administer albuterol 2.5 mg, q6hr prn   |
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