MARGARET H. ROLLINS SCHOOL OF NURSING
N-201 Nursing Care of Special Populations
MENTAL HEALTH NURSING
Class Preparation #2

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
Cluster A- **Odd or Eccentric** 1. Paranoid Personality Disorder 2. Schizoid Personality Disorder 3. Schizotypal Personality Disorder	1. Distrust 2. Social detachment 3. Eccentric behaviors	- Establish trust - Therapeutic communication - Encourage group activities - Give personal space - Orient to reality
Cluster B- **Dramatic, Emotional, or Erratic** 1. Antisocial Personality Disorder 2. Borderline Personality Disorder 3. Histrionic Personality Disorder 4. Narcissistic Personality Disorder	1. Impulsivity 2. Unstable emotions 3. Attention-seeking 4. Lack of empathy	- Avoid power struggles - Promote problem solving - Assess safety - Set boundaries - Show emotional regulation
Cluster C- **Anxious or Fearful** 1. Anxious or Fearful 2. Dependent Personality Disorder 3. Obsessive-Compulsive Personality Disorder	1. Fear of rejection 2. Excessive dependence 3. Rigid perfectionism	- Encourage independence - Utilize positive reinforcement - Teach relaxation techniques - Introduce exposure to fearful situations slowly - Encourage rather than judge - Set limits on perfectionism