

**MARGARET H. ROLLINS SCHOOL OF NURSING**  
**N-201 Nursing Care of Special Populations**  
**MENTAL HEALTH NURSING**  
**Class Preparation #2**

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
<p>Cluster A</p> <ol style="list-style-type: none"> <li>1. Paranoid Personality Disorder</li> <li>2. Schizoid Personality Disorder</li> <li>3. Schizotypal Personality Disorder</li> </ol>	<ol style="list-style-type: none"> <li>1. Distrust and suspicion of others. Believing that others are out to harm them.</li> <li>2. Detachment from relationships, limited emotional expression. Want to always be alone and do everything alone.</li> <li>3. Odd thoughts and beliefs, magical thinking. Illusion, odd speech and behavior.</li> </ol>	<ol style="list-style-type: none"> <li>1. Establish trust slowly and maintain clear and simple communication. Avoid excessive friendliness.</li> <li>2. Respect the need for social distance, avoid forcing an interaction.</li> <li>3. Monitor for signs of delusional thinking.</li> </ol>
<p>Cluster B</p> <ol style="list-style-type: none"> <li>1. Antisocial Personality Disorder</li> <li>2. Borderline Personality Disorder</li> <li>3. Historic Personality Disorder</li> <li>4. Narcissistic Personality Disorder</li> </ol>	<ol style="list-style-type: none"> <li>1. Lack of remorse and guilt. Disregarding social normal, laws and rights of other people. Impulsivity, aggression and lack of empathy.</li> <li>2. Unstable emotions, relationships, and self-image. Rapidly shifting moods, chronic boredom feeling. Difficulty regulating emotions.</li> <li>3. Excessive emotions and attention seeking. Difficulty maintaining relationships. Concern with their physical appearance.</li> <li>4. Lack of empathy, arrogance, relationship issues, sense of entitlement, expecting special treatment, difficulty handling criticism, inflated ego.</li> </ol>	<ol style="list-style-type: none"> <li>1. Set clear and consistent boundaries. Use a calm and firm approach.</li> <li>2. Monitor for self-harm.</li> <li>3. Encourage expression of feelings.</li> <li>4. Encourage developing effective coping skills and emotional regulation. As well as adequate communication techniques.</li> </ol>
<p>Cluster C</p> <ol style="list-style-type: none"> <li>1. Avoidant Personality Disorder</li> <li>2. Dependent Personality Disorder</li> <li>3. Obsessive-Compulsive Personality Disorder.</li> </ol>	<ol style="list-style-type: none"> <li>1. Avoidance of social situations due to fear of embarrassment or criticism. Extreme shyness and discomfort with social interactions.</li> <li>2. Excessive need to be taken care of. Clinging behaviors. Fear of being alone or abandoned. Need for reassurance and guidance with decision making.</li> <li>3. Perfectionism, in need of control. Excessive focus of details, organization.</li> </ol>	<ol style="list-style-type: none"> <li>1. Encourage activities to build self esteem and confidence.</li> <li>2. Encourage decision-making. Promote social skills.</li> <li>3. Allow for control in self with possible but avoid criticism.</li> </ol>

	Resist changes and adhere to their own beliefs.	
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