For the following newborns, calculate:
Estimated Weight Loss- expressed in expected grams to be lost AND the new weight in pounds and ounces
Nutritional Needs for 24 hours in calories (<u>unless otherwise stated</u>)
Fluid Maintenance Needs for 24 hours
Expected Urinary Output (range)

Show your math for all calculations.

6. Newborn weight= 2330 gms
Feeding method: Isomil every 4 hours. How many ounces should the infant take per feeding?

6.)

E.W.L

$2330 \times .1 = 233$
$2330 - 233 = 2,097$

| lost-233 gms, new weight- 2,097 gms |
or
$2.097 \times 2.2 = 4.611b$ | 4lb 10oz |
$.61 \times 16 = 9.76 oz$

6.)

Nutritional Needs

2330
$2.330 kg$ | 2.14oz/feed |

$2.330 \times 110 = 256.3$ Kcal/day
$256.3 \div 20 = 12.82$ oz/day
$12.82 \div 6 = 2.14$ oz

6.)

Fluid Maintenance

$2.330 Kg$
$2.330 \times 100 = 233$
| 233mL/24h |

6.)

Urinary Output

2.330kg
×5 / ÷2
| 1.17 – 4.66 mL per hour |

7. Newborn weight = 4233 gms
Feeding method: Breastfeeding 8-12x/day.

7.)

E.W.L

$4233 \times .1 = 423.3$
$4233 - 423.3 = 3,809.7$

| lost- 423.3 gms, new weight- 3810 gms |
or
$3,810 \times 2.2 = 8.381b$ | 8lb 6oz |
$.38 \times 16 = 6.0802$

7.) Nutrional Needs

4233
$4.233 Kg$ | 465.6 cal/day 38.8-58.2 Kcal/feeding 12x   8x |

$4.233 \times 110 = 465.6$ Kcal/day
$465.6 \div 8 = 58.2$ Kcal
$465.6 \div 12 = 38.8$ Kcal

7.) Fluid Maintenance

$4.233 Kg$
$4.233 \times 100 = 423.3$
| 423mL/24 hr |

7.) Urinary Output

4.233kg
×5 / ÷2
| 2.12 – 8.47 mL/hour |

8. Newborn weight= 8lbs 3oz
Feeding method: Similac Advanced every 3 hours. How many calories should the infant take per feeding?

8.) E.WL

$3 \div 16 = .1875 (.19)$
$8.19 lb \div 2.2 = 3.72 kg$
$3,720$ gms $\times .1 = 372$

$3720 - 372 = 3,348$ | 3,348 gms new weight- 7lb 6 oz |
| lost - 372 gms |
$3.348 \times 2.2 = 7.37$
$.37 \times 16 = 5.92$

8.) Nutrional Needs

$3.72 Kg$
$3.72 \times 110 = 409.2$ Kcal/day
$409.2 \div 8 = 51.15$
| 51.15 Kcal/feeding |

8.) Fluid Maintenance

$3.72 Kg$
$3.72 \times 100 = 372$
| 372mL/24hr |

8.) Urinary Output

3.72Kg
×5 / ÷2
| 1.86 – 7.44 mL/hr |

9. Newborn weight= 3lbs 10oz
Feeding method: Similac NeoSure 24cal/oz q2 hours.

9.) E.W.L

$10 \div 16 = .625 (.63)$
$3.63 lb \div 2.2 = 1.65 kg$

$1,650$ gms $\times .1 = 165$
$1,650 - 165 = 1,485$

| lost -165 gms new weight- 1,485 gms or | 3lb 4oz |
$1.485 \times 2.2 = 3.267$
$.27 \times 16 = 4.32$

9.) Nutrional Needs

$1.65 Kg$
$1.65 \times 110 = 181.5$ Kcal/day
$181.5 \div 12 = 15.125$ Kcal/feed

~~mmm~~
~~15.125 Kcal/feed~~
$181.5 \div 24 = 7.5625$

| .63 oz/feed 15.125 Kcal/feed |

9.) Fluid Maintenance

$1.65 Kg$
$1.65 \times 100 = 165$
| 165mL/24hr |

9.) Urinary Output

1.65 Kg
×5 / ÷2
| .825 – 3.3 mL/hr |

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